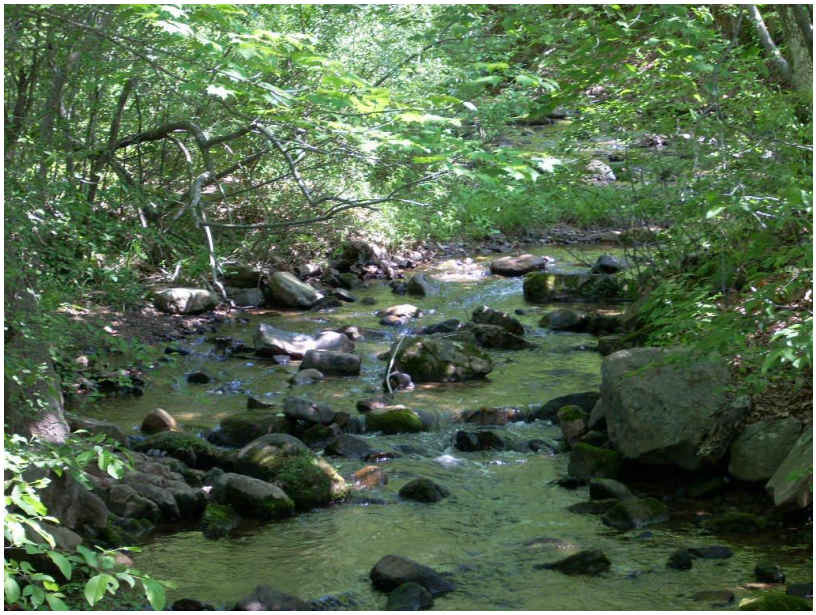
CAMP ROCK ENON
2013



ADVANCE PLANNING GUIDE

SHENANDOAH AREA COUNCIL
BOY SCOUTS OF AMERICA
107 Youth Development Ct., Winchester, VA 22602
Council Office: 540-662-2551 www.sac-bsa.org
Camp Rock Enon: 540-858-2551 www.camprockenon.org

It is the expressed written policy of the Shenandoah Area Council, Boy Scouts of America, that Camp Rock Enon is operated for the benefit, enjoyment, training and advancement of all Scouts without regard to race, color, national origin, sex, age, religious denomination, or handicap.

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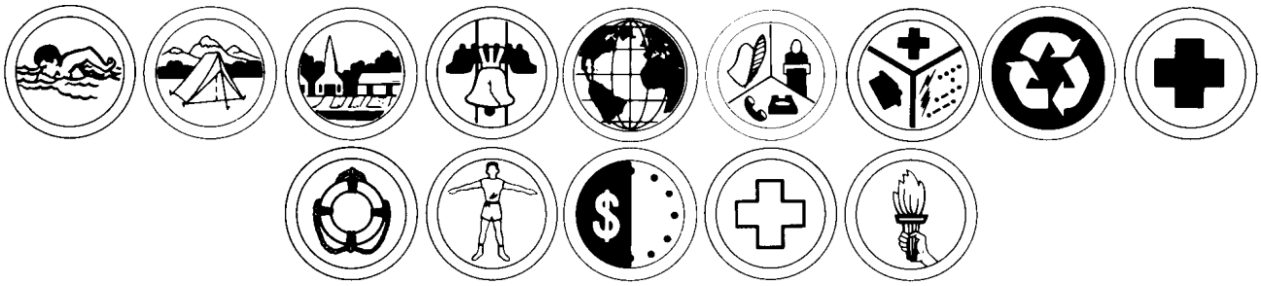


Dear Scouting Volunteer:

Thank you for all you do for youth through Scouting! I hope this guide provides information about resources, programs and activities that will help you “deliver the promise” to the Scouts in your unit.

We are so blessed in the Shenandoah Area Council. Camp Rock Enon draws 1000’s each year for its program, high adventure and rustic splendor. One of our top strategic goals is to increase the % of youth participating in camping and outdoor education programs. We encourage you to get 100% of the youth in your unit to camp, not only during the summer camping season, but year round as well.

Independent research shows that Scouts that go camping stay in the program and Scouts that stay in the program for five years or more have an absolute spike in the values they learn. These values then become life lessons that help young people grow into happy, productive and contributing members of our great country. Thanks again for your wonderful support.

Your unit can expect the same high customer service level, great food, and exciting evening programming as in 2012. As you plan, refer to the electronic program guide at www.camprockenon.org often to see what exciting changes are being made for 2013.

The Program Guide and CRE High Adventure Guide will be available by October 1st, 2012 and online registration will be open September 15th, 2012.

If at any time you have questions or concerns regarding summer camp please contact me personally. You can reach me through e-mail at rxholder289@comcast.net. Remember our Pre-camp Leaders Orientation will be held at CRE on Saturday May 11th 2013. I hope to see you this summer.

Yours in Scouting,

Richard Holder, RPh, MBA
Camp Director

Key Dates for Success at Camp Rock Enon

✓ NOW: **Reserve your troop's space at Camp Rock Enon -- $50.00**

Shenandoah Area Council, BSA,
107 Youth Development Court
Winchester, VA 22602
(540-662-2551) or email us at sacbsa@sac-bsa.org.

✓ JAN. – MAR **Schedule a CRE Promotion night**
Invite the boys in your troop, their parents and prospective new Scouts
Please contact Richard Holder at rxholder289@comcast.net for a member of the Order of the Arrow Promotion and Elections team to come and make a presentation about CRE.

✓ JAN. 15: **Campsite Reservation Due ($50.00 per Scout)**
To guarantee a reservation, the Campsite Reservation fee of $50.00 per Scout and Leaders, must be paid by January 15, 2013. The Campsite Reservation Fee will be applied toward the Troop's total balance if full payment is made by April 15, 2013.

Campsite Sign up Fee of $50 is due when you sign up for summer camp .

✓ APRIL 15: **Fees paid in full ($25.00 discount per boy)**
Troops that do not pay their full balance by April 15, 2012 will forfeit their Campsite Reservation Fee.

All fees MUST be paid by the troop. Individuals cannot register or pay at the Scout Service Center.

✓ MAY 11: **Pre-camp Orientation**
Camp Rock Enon – 12 Noon.

Recommended for each unit attending CRE.

TROOP MERIT BADGE SIGN UP ONLINE IS DUE BY TODAY!

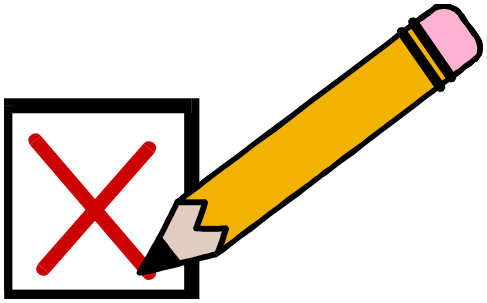
✓ JUNE 1: **June 1st is the deadline for all payments to be in.**
There will be no Walk-Ins for Summer Camp.

✓ 6/30 - 8/3 Five weeks of High Adventure Programs

✓ 6/30 – 8/3 Five weeks of Boy Scout Resident Camp

✓ 7/28 – 8/3 Provisional Camper/Eagle Week

CAMP ROCK ENON
COUNTDOWN CHECKLIST



By now, your Unit Committee should have completed the basic plans for camp:

___ You have reserved your week at camp: Dates: _____ Site: _____
___ The Unit Committee has selected at least two adult leaders that will attend camp.
___ The camp savings plan continues.
___ Medical forms are given to all the boys.
___ Leaders, committee, and junior leaders have reviewed this guide carefully and planned accordingly.
___ Unit Committee has contacted parent of Scouts not signed up.
___ Leader has given Scouts equipment list and discussed it.
___ PLC had drawn up program needs. Inventory troop supplies and preliminary program begins in May.

By January 15th

___ Treasurer has paid the Campsite Reservation Fee of $50 per Scout to the council office.

By March 15th

___ In council units must submit Campership Applications by this date.

BY APRIL 15th

___ Unit "Summer Camp Promotion Night" has been held.
___ Treasurer has paid the balance of fees to council office to receive the discount fee
___ Unit leaders have completed program plans.
___ Transportation plans are firmed up.
___ Tour permit completed.
___ Scouts/parents have been reminded of camp dates, equipment needs and medical. When the forms are collected, insure parents/physician signatures are present as well as health insurance information.
___ If unit is not from the Shenandoah Area Council, a letter of permission from home council received.
___ Scoutmaster has turned in the troop's custom tee shirt and hat order
___ Scoutmaster has turned in the troop's program supply order

BY MAY 11th

___ Unit leader has attended a Pre-camp Orientation Meeting – *CRE 12 noon*
___ Scoutmaster has registered all merit badges online by this date!

Before Arriving at Camp

____ All Scout/ leaders have physical exams; Unit leader collects.
___ Unit leaders meeting; last minute program changes updated.
___ Final check of equipment and transportation (carpool).
___ Check-in folder ready:

___New Medical forms	___Tour plan
___Unit roster (2)	___Duty assignments
___Program schedule	___Letters
___Medications	___Proof of Insurance (Out of Council Troops Only)

___ Letter of Authorization from home council (Out of Council Troops only)

Experience the Camp Rock Enon Summer Camp adventure!

Camp Rock Enon has a maximum capacity of 350 Scouts and Scouters in 14 campsites. Units will be assigned to a site that best accommodates the number of Scouts and Scouters that you are bringing to Camp Rock Enon. Please note, that while we endeavor to honor your requested campsite, camp administration reserves the right to make adjustments and put smaller units together should the need arise to best accommodate all participants Each site is equipped with two person tents (or Adirondacks/cabin), cots, a shelter, picnic tables, latrine with wash station, flag pole and campfire circle.

SCHEDULE:	CUB SCOUT 1	JUNE 16	-	JUNE 21
	CUB SCOUT 2	JUNE 23	-	JUNE 28
	WEEK 1	JUNE 30	-	JULY 6
	WEEK 2	JULY 7	-	JULY 13
	WEEK 3	JULY 14	-	JULY 20
	WEEK 4	JULY 21	-	JULY 27
	WEEK 5	JULY 28	-	AUGUST 3

RESERVATIONS:
Reservations may be made at any time by contacting the Shenandoah Area Council Service Center at sacbsa@sac-bsa.org or 540-662-2551. Units may also make reservations during your week at camp for the next summer camp season.

CONFIRMATION:
To guarantee a reservation, the Campsite Reservation fee of $50.00 per Scout and Leaders must be paid by January 15, 2013. The Campsite Reservation Fee will be applied toward the Troop's total balance if full payment is made by April 15, 2013. To guarantee unit exclusivity in an available campsite, a unit must utilize (or pay for) at least 75% of available beds in the campsite according to the established payment schedule.

The 2013 Sign up Fee of $50 is due when you sign up for summer camp 2013.

CAMP ROCK ENON CAMPSITES:

Campsite	Tent Camping	Cabin / Adirondacks
Big Oaks	26	
Cooper	20	
Hepner	44	
Hickory Ridge	28	
Hill Top	16	16
Indian Village	30	
Laurel Ridge	26	
Pinecrest	36	16
Pinnacle	18	
Rowe	20	
Sleepy Hollow	16	16
Sutton	24	
Tall Timbers	40	16
Zeb	16	

CAMP ROCK ENON FEES:

The Scout fee for one week at Camp Rock Enon for the 2013 camping season is as follows:

Shenandoah Area Council Scouts:	$275.00 ea.
Out of Council Scouts: **	$300.00 ea.

Early Bird Discount:
If paid in full by April 15TH:

Shenandoah Area Council Scouts:	$250.00 ea.
Out of Council Scouts: **	$275.00 ea.

Leader/Adult Fees:

Leader Fee	$ 65.00 per leader

Late fee of $20.00 per Scout and/or leader if not paid in full by June 1st.

*****Out of Council Units:***
This price is based upon your unit providing your Scouts and leaders with the BSA medical insurance while at our camp. If your unit is not participating in this National program, the Shenandoah Area Council will be required to provide minimal medical insurance for your unit. An additional surcharge will be assessed for this coverage. Please feel free to contact our Council office for more information on this matter if you have any questions.

PAYMENTS:

Payment may be made to the Shenandoah Area Council, BSA via cash, check, money order or credit card.
You may make on-line payments by going to www.camprockenon.org.

CAMP CAMPERSHIPS:

Camp Scholarships are available for Shenandoah Area Council Scouts only. Forms must be submitted to the Council Office by **APRIL 15.**

REFUND POLICY:

Reservation cancellations after April 15Th undermine our ability to provide this quality program. Request for refunds are to be made to the Shenandoah Area Council. No refund requests will be accepted after 7 days following the end of the unit's camp week.

In cases of death of an immediate family member, sickness or injury, or summer school, we will refund 50% of fees paid when verified in writing by a physician, or such official.

Reasons such as vacation schedule, sports, work, other camps, and last minute changes of mind are not acceptable reasons for refunds. The Shenandoah Area Council strives to provide the very best program. We sign contracts with staff and vendors based upon confirmed numbers.

Refund checks will be issued to the individual or entity paying the original fee within 30 days of receipt of the written request pending its approval.

Troop Leadership is responsible for conveying the refund policy to parents. Refund request should be submitted by the unit leaders.

TROOP LEADERSHIP:

All troops/campsites must have a minimum of ***TWO DEEP LEADERSHIP***. One adult must be 21 years of age or older. No exceptions are allowed.

If there is a substitution of the unit leader (over 21), there should be an overlapping period in order to maintain program continuity and adult supervision over the Scouts. This will give an opportunity for the two leaders to get together and relate information needed to guide the unit properly.

***Please Note*: Provisional / Eagle Week**
Any unit sending youth to Camp Rock Enon during the Provisional / Eagle Week must provide adult leadership if more than five boys from the same unit are participating in the program.

YOUTH PROTECTION:

The following policies have been adopted to provide security for the youth in our programs. In addition, they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse.

Two-Deep Leadership: Two registered adults or one registered adult leader and a parent of a participant who must be at least 21 years of age or older, are required on all trips and outings. The Chartered Organization is responsible for ensuring that sufficient leadership is provided for all activities. At least two leaders must be with the pack 24 hours a day. Leaders may rotate but they must also sign in and out at the Camp Office.

No One-to-One Contact: One-to-one contact between adults and youth members is not permitted. In situations that require a personal conference, the meeting is to be conducted in view of other adults and youth.

Respect of Privacy: Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers at camp and intrude only to the extent that health and safety requires. Adults must also protect their own privacy in similar situations. When camping, no youth is permitted to sleep in the tent or cabin of an adult other than his own parent or guardian. Limited separate shower and latrine facilities for females are provided, and when separate facilities are not available, times for male and female use should be scheduled and posted.

Abuse: Adult and unit leaders are not to use physical, mental, or verbal abuse on youth. This includes any threatening manner toward any youth or other person. Camp Rock Enon is a SAFE HAVEN for all who visit. **Any actions or suspected behavior of this type is to be reported immediately to the Camp Director. It is the policy of the Boy Scouts of America that any suspected abuse of any kind be reported to the appropriate authorities.**

YOUTH PROTECTION TRAINING IS AVAILABLE ONLINE.

HAZARDOUS WEATHER:

Hazardous Weather Training needs to be taken by at least one leader in order to obtain a Tour Permit.

CHECK-IN:

Check-in is Sunday, **1:OOPM to 3:00PM**. Early arrivals are welcome to gather at the parking lot. If a troop is arriving on Monday please do so by 6:30am and coordinate this via email with the camp director. Any arrivals after 4:00pm on Sunday will be processed as staff is available. This means that late arrivals may have to wait to check

in. As a courtesy, please contact camp via phone if you are running late and 7:00am on Monday will be processed at our earliest opportunity. We must keep the program running for those already in camp. Note that we bring in additional staff for registration, and late registrations pose an additional burden on camp staff.

VEHICLES:

Upon arrival, one vehicle at a time will be allowed in the campsite to unload (weather permitting). Vehicles should be unloaded immediately and returned to the parking area. If a Handicapped pass is needed, please see the Camp Director.

Please remember to tell EVERYONE coming to camp DO NOT drive into camp without permission from the Camp Director or Ranger.

Please remember all parents and guest must abide by shoe policy when visiting camp. (see pg 15)

CHECK-OUT:

The final meal is a Saturday to-go breakfast. Checkout will include a comparison of tent and campsite condition to the conditions found when a unit checks in. Improvements will be noted and damages will be billed to the unit (see price sheet provided at check-in. Troops are encouraged to check out once the sites are inspected and all equipment returned (usually by 9:00 A.M.).

MEDICAL:

http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx

Health histories and records of required physical examinations for all staff members, leaders, and campers are on file while in attendance. A current Annual Health and Medical Record, No. 680-001, with Parts A, B, and C completed within the past 12 calendar months is required for all staff, leaders, and campers in attendance. Cub Scout residence camps not exceeding 72 hours are not required (but are recommended) to have Part C completed for leaders and campers. Parts A and B must be completed.

The Camp Director reserves the right to restrict physical activity to any camper in consultation with the health officer.

The medical form no longer allows attaching another physical exam (ie: sports physical) to the BSA medical form. The physician's signature must be on the BSA form to be valid.

Medications

All medication brought into camp is to be checked into the Health Lodge at the time of the medical recheck on Sunday. Prescription Medication must only be taken at the Health Lodge under the guidance of the camp medical officer. The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. Unit Leaders with appropriate medication administration training who desire to supervise unit medications in the campsite must make this request of and do so within the guidelines established by the camp medic PRIOR TO ARRIVAL AT CAMP.

All first aid treatment MUST be reported to the Medical Officer.

IMMUNIZATIONS:

The Commonwealth of Virginia Immunization Unit is asking that all summer camps in our state require adequate immunization for all attendees.

INSURANCE:

Each (SAC) Scout attending camp is covered by secondary health and accident insurance. This insurance covers only illnesses or injuries contracted at Camp for the first $150.00. Parents' insurance is responsible for any additional amount. Medical insurance information must be on the medical form for each Scout and Scouter and a copy of the front and back of the insurance card must be attached to the medical form. Parents should make arrangements for treatment of pre-existing conditions. Insurance claims will be paid only to the doctor or hospital.

VISITORS:

All visitors must report to Camp Office before proceeding to the campsites. Please make sure everyone signs in FIRST. On Friday, there will be a sign in at the walking bridge into camp.

EMERGENCIES:

Emergency procedures will be discussed during the Sunday evening meal at camp. These will vary according to the emergency and an information sheet will be provided to each unit upon check in, outlining the various emergency procedures. Please note: Emergencies and Incident Command are managed by senior camp staff and all off site communication should go through them.
Emergency Procedures are also posted in each building and campsite for safety purposes.

SAFETY:

The following are prohibited at Camp Rock Enon:

Slingshots	Profanity in camp
Fireworks in any form	Gambling
Alcoholic beverages	All illegal drugs
Rock or stick throwing	Sheath Knives

TOBACCO:

Camp Rock Enon strives to be a tobacco free environment. Adult leaders (and guests) are asked to use discretion in using tobacco. Do not smoke in campsites. Smoking is prohibited in all buildings and tents. The designated tobacco use area is the shelter located by the volleyball court. Please dispose of all butts properly.

FIREARMS:

Firearms, ammunition and archery equipment are available for use on the rifle or archery range. No personal firearms or archery equipment will be permitted in camp. No exceptions!

FIRES:

No open flames are permitted in any tent. This includes all candles including citronella, and chemical fueled lanterns and stoves.

FUELS:

For safety reasons, knowledgeable adult supervision must be provided when Scouts are involved in the handling of chemical fuels. All liquid fuel is to be kept in the fuel box located at the Quartermaster shed. Camp Rock Enon follows the National liquid fuel policy. This includes no storage in trailers.

LITTER:

Do not litter, and please do your good turn by helping pick up someone else's mess. Let's all work to keep camp clean. The Camp's appearance depends on you.

MAIL:

To send letters, postcards, or packages to a Scout please address it as follows:

Scout's name
Unit number _____Campsite_____
Camp Rock Enon
292 Rock Enon Springs Road
Gore, Virginia 22637.

Plan on three to four days for mail to arrive at camp and send all correspondence early enough so they can receive it at camp. Outgoing mail may be taken to the mailbox at the camp office by 10:00 am. Mail is delivered to camp once a day. Stamps are available at the trading post.

PHONE:

A telephone is available in the Camp Office for adult leaders only. The phone can be used for local calls; credit card calls, or to place collect calls. We discourage the use of the phone by Scouts. The main camp phone is located in the camp office, and is to be used for camp business and emergencies only. Cell phone use is prohibited by campers, staff and adults in program and common areas. Units may establish their own electronic guidelines for their campsites. Please, discourage parents from calling their sons. Remind them that campers are not near the phone, so messages must be taken and the calls returned. The business number is (540) 858-2551.

MEALS:

Meals are served in the Dining Hall. Troops may also decide to eat in their campsites. If needed, food can be picked up. Please give dining hall 48 hours notice. Wednesdays are picnic lunch days and dinner in the campsite. Make arrangements with the Dining Hall Steward. Two Table Orderlies for each table are needed to stay after each meal to clean up the table and assist in cleaning the Dining Hall. Special dietary needs can be discussed via email ahead of camp. Because of the complexities of special diets, you may be asked to provide your food. Storage will be available. All Scouts or scouters needing access to the kitchen for special dietary needs will need to complete a foodservice orientation upon arrival.

SUPPLIES:

The quartermaster is available to check out equipment to your troop. Quartermaster hours are posted on the building. Donation of excess supplies at the end of your week is appreciated and can be given to the staff member checking your unit out for future camp use.

BEDDING:

Each camper will be provided with a sleeping surface. If your unit is in the Adirondack or cabin please plan to bring cardboard or a mat to protect sleeping bags from the springs and wires.

RECYCLING:

Your unit can earn recognition as a Rock Enon Recycler and assist in keeping "The Rock" (and our planet) clean & beautiful. See the appendix for more details.

GOOD TURN:

Your unit will be encouraged to perform a "good turn" during your stay at Camp Rock Enon in the form of a service project approved in advance by your Commissioner. Please sign up for Flag Duty and/or Grace in the Scoutmaster's Lounge.

PATROL FLAG:
All patrols should bring their patrol flags to summer camp.

TRADING POST:
The Trading Post stocks a variety of items such as camp memorabilia (patches, mugs, T-shirts, etc.), program supplies (basket kits and merit badge pamphlets), and concession items (soft drinks, candy etc.). It is recommended that Scouts bring $40 in spending money.

UNIFORMS:
A camp activity uniform is required for all activities. The Field Uniform is required for flag retreat, dinner and campfires. A camp activity uniform is set by each unit. We recommend the Camp T-shirt, or other Scout T-shirts, Scout shorts, Scout socks and shoes.

VESPERS:
Vespers is a short non-denominational service held on Sunday evening at the Camp Chapel.

COMMISSIONER STAFF:
The Commissioner Staff are the liaisons between the troops and the Camp Staff. Camp site inspections will usually take place between 9:00am and 10:00am each morning. Commissioners will clear up any questions that Unit Leaders have at this time. If the Commissioner does not have an answer to your question, they will get one, so feel free to ask. Daily Leaders meeting will also be hosted by the Commissioner Staff to help with communication.

FRIDAY NIGHT:
The Friday Family night program gives the families the opportunity to visit and see what Camp Rock Enon is like. Units and their families may either eat in the Dining Hall or bring food in and eat in their campsite. The evening will conclude with a special campfire with skits, songs, and jokes performed by the Scouts followed by the Order of the Arrow Callout Ceremony.

Friday Evening Agenda:

- 5:45pm – Family Night in sites
- 7:00pm – Free Time (Trading Post is open)
- 7:45pm – Assemble at Buttress
- 8:00pm – Closing Campfire
- 8:30pm – OA Callout Ceremony
- 9:30pm – Trading Post is open

Meal tickets MUST be purchased in advance for family members that will be visiting camp. The price for the meal is $5.00 and may be purchased at the trading post.

CAMP ROCK ENON
PROGRAM OVERVIEW

Summer camp at CRE is filled with fun and exciting adventure for Scouts of all ages. Our 877 acres of majestic forest in the northern Shenandoah Valley of Virginia provide an unlimited supply of opportunities to make your unit's stay at CRE an experience of a lifetime. Here is a brief overview of some of the programs available while at CRE. Refer to the Program Guide for more information.

- Frontier program
  - First year camper skill
- Lake front aquatics
  - Swimming
  - Canoeing
  - Rowing
  - BSA Lifeguard
  - Mile Swim
  - Polar Bear Swim
  - Kayaking
- Shooting Sports
  - Archery
  - 22 Rifle
  - Shotgun
- Outdoor Skills
  - Pioneering
  - Cooking
  - Camping
  - Wilderness Survival
  - Orienteering
- Handicraft
  - Leatherworking
  - Woodcarving
  - Basketry
  - Space Exploration
- Rock Climbing & Rappelling
- Overnight Outpost Adventures
- Nature
- Hiking Trails
- High Adventure Program
  - Hiking
  - Climbing
  - Backpacking
  - White Water Rafting
  - Canyoneering
  - Biking
- Camp wide games
- Scoutmaster golf
- Totin' Chip
- Firem'n Chit
- Safety Afloat
- Safe Swim Defense
- Paul Bunyan
- Indian Lore
- Iron Man competition
- CRE Elite
- H2O Olympics
- Order of the Arrow
- Polar Bear Swim

<table>
<tr><th colspan="8">General Schedule</th></tr>
<tr><th>Time</th><th>Sunday</th><th>Monday</th><th>Tuesday</th><th>Wednesday</th><th>Thursday</th><th>Friday</th><th>Saturday</th></tr>
<tr><td>AM 7:00</td><td rowspan="7">Camp Closed</td><td colspan="6">Reveille</td></tr>
<tr><td>7:45</td><td colspan="6">Flag Ceremony (Assemble on parade field)</td></tr>
<tr><td>8:00</td><td colspan="6">Breakfast</td></tr>
<tr><td>9:00</td><td colspan="6" rowspan="3">General Program Time – Merit Badge Sessions</td><td rowspan="3">Check-out By 10:00 AM</td></tr>
<tr><td>10:00</td></tr>
<tr><td>11:00</td></tr>
<tr><td>12:30</td><td colspan="6">Lunch</td><td rowspan="14">Camp Closed</td></tr>
<tr><td>1:00</td><td rowspan="3">Check-in (1-3)</td><td colspan="6">SPL Meeting (Buffalo Lodge Porch)</td></tr>
<tr><td>2:00</td><td colspan="6" rowspan="2">General Program Time – Merit Badge Sessions
Big Event</td></tr>
<tr><td>3:00</td></tr>
<tr><td>4:30</td><td rowspan="2">Set-up</td></tr>
<tr><td>5:00</td><td colspan="5"></td><td rowspan="4">In Campsite Meal With Families</td></tr>
<tr><td>5:30</td><td colspan="6">Free Time</td></tr>
<tr><td>5:45</td><td colspan="6">Flag Ceremony (Assemble on parade field)</td></tr>
<tr><td>6:00</td><td colspan="6">Dinner</td></tr>
<tr><td>6:30</td><td rowspan="2">Vespers (7:00)</td><td rowspan="2">Free Time</td><td colspan="4">Free Time</td></tr>
<tr><td>7:00</td><td rowspan="3" colspan="4">Program Areas Open & Activities</td><td>Free Time</td></tr>
<tr><td>7:45</td><td>Assembly</td><td rowspan="2">TBA</td><td>Assembly</td></tr>
<tr><td>8:00</td><td rowspan="2">campfire</td><td rowspan="2">Campfire</td></tr>
<tr><td>8:30</td></tr>
<tr><td>9:00</td><td>SM Meeting</td><td>Program TBA</td><td>Program TBA</td><td>TBA</td><td>TBA</td><td>OA Callout</td></tr>
<tr><td>9:30</td><td></td><td></td><td></td><td></td><td></td><td>TP Open 9:30</td></tr>
<tr><td>10:00</td><td>Taps</td><td>Taps</td><td>Taps</td><td>Taps</td><td>Taps</td><td>Taps</td></tr>
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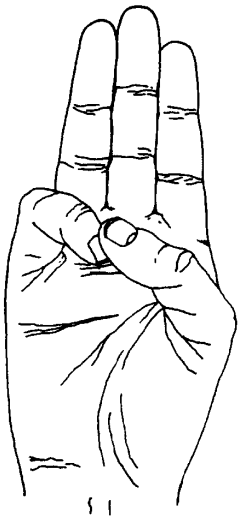
RULES WE LIVE BY AT CAMP ROCK ENON:



SCOUT OATH:

On my honor I will do my best
to do my duty to God and my Country
and to obey the Scout Law;
To help other people at all times;
To keep myself physically strong,
mentally awake and morally straight.

OUTDOOR CODE:

As an American, I will do my best to:
Be clean in my outdoor manner,
Be careful with fire,
Be considerate in the outdoors and
Be conservation minded.

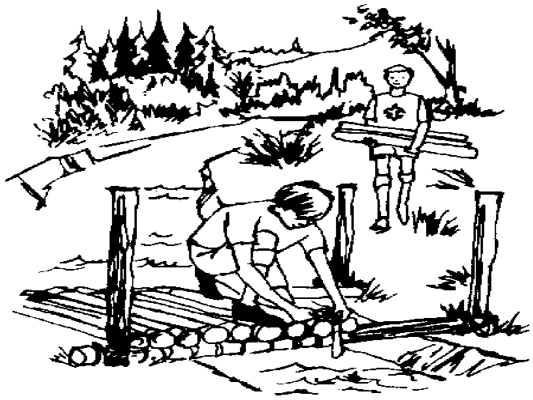
SCOUT LAW:

- Trustworthy
- Loyal
- Helpful
- Friendly
- Courteous
- Kind
- Obedient
- Cheerful
- Thrifty
- Brave
- Clean
- Reverent

The following rules are to be followed at Camp Rock Enon:

1. Anyone leaving camp must sign out and back in at the camp office. Failure to do so may cause a camp wide emergency.
2. Vehicles in camp require a pass, please see the Camp Director
   - ***You MUST walk to Buffalo to ask permission to drive into camp.***
3. Vandalism of any sort will not be tolerated; responsible individuals and/or units will pay for any and all damages including staff time to make repairs.
4. Discipline is to be handled by unit leaders as needed. If assistance is needed, please see the Camp Director.
5. There will be sufficient leadership with the Scouts at all times while they are in groups, going to classes or programs.
6. There should be leaders in the campsites at all times for any Scout coming and going during the day.
7. A Scout should have their buddy (Buddy System) with them at all times.
8. Please stay off the spillway, the area next to the road outside the front gate, and the hill coming down from Chapel Hill.
9. Please do not pick up wildlife or throw items at them.
10. **FOOTWEAR POLICY (RULES) FOR CAMP ROCK ENON**

All campers, scouters, staff and visitors are required to wear closed toe shoes at all times while on camp property with the exception of while you are in the shower. Shower shoes or flip-flop style shoes can be worn while in the showers not to and from. We define closed toe shoes as any shoe where the toes are covered.



WHAT TO BRING TO CAMP:

THE TROOP:

- Troop Spirit
- Troop Records
- Merit Badge Blue Cards
- American Flag
- Troop Flag
- First Aid Kit
- Lanterns
- Rope
- Ice Cooler
- Cooking Equipment

THE PATROL:

- Patrol Spirit
- Patrol Flag
- Patrol First Aid Kit
- Bow Saw
- File
- Sharpening Stone
- Clothes Line

THE SCOUT:

- Scout Spirit
- "Class A" Uniform(s)
- Field Uniform
- Scout T-shirts
- Shorts
- Hiking Boots or Shoes
- Extra Shoes
- Shower Shoes
- Underwear
- Socks
- Extra Socks
- Extra Clothing
- Swim Trunks
- Sweater/Jacket
- Poncho (rainwear)
- Hat
- Toiletries
- Sunscreen & Insect Repellant
- Notebook/Pencils
- Scout Handbook
- Canteen
- Sleeping Bag / Padding
- Light Blanket or Sheet
- Pillow
- Flashlight/Batteries

Optional Items:

- Pocket Knife
- Compass
- Fishing Gear
- Camera
- Scriptures or Bible
- Pack & Frame
- Merit Badge Books

ARRIVING AT CAMP ROCK ENON

SUNDAY CHECK-IN

Units should plan to arrive at Camp Rock Enon between **1:00 and 3:00 p.m**. on Sunday. We have additional staff on site during these hours to ensure a smooth check-in. Please respect your staff for the week and do not arrive late. Staff members will meet you in the parking lot and direct your unit leader to the Camp Director/Business Manager who will register your group. You should arrive in swim gear if your unit has not already completed the swim test. This will be one of the stops on your orientation tour. A staff guide will provide orientation of program areas as part of the tour of camp and lead the unit to their campsite where an inspection will be made of all tents and facilities.

One vehicle will be allowed to drive to the site (weather permitting) and unload. There is a 20 minute time limit for vehicles being in camp. If you have a trailer you may leave it on site – all vehicles must be returned to the parking lot.

Early arrivals cannot be processed and will have no access to camp facilities other than the parking lot and the latrine by Akela until 1:00pm.

If your unit is arriving on Monday due to religious reasons, please contact the camp director one week before your arrival so that appropriate staff can be in place to process your check-in. rxholder289@comcast.net

PAPERWORK

Business Manager:
Your unit leader will be directed to the Registration Team who will check to see that all fees have been paid. Here your unit will receive a camp map, fireguard plan emergency procedures. T-shirt pre orders can be picked up at the trading post along with merit badge pre-orders

Please have the following with you:
- ❑ Tour Plan – <u>This is not optional</u>
- ❑ Unit Roster – to confirm numbers attending
- ❑ Proof of Insurance (Out of Council units) / or letter of good standing from Council.

Program Director:
Please stop by the Program Director's office to confirm merit badge schedules and report any changes.

CAMP TOUR

Your Staff Guide will take you on a camp tour to point out program areas and landmarks. Your leaders can decide on the extent of the tour, however a visit to several stations are mandatory.

- **Medical Recheck:**
  - Please keep all medical forms and medication with your unit. Units are encouraged to put the medical forms in a three-ring binder, arranged alphabetically to help speed up this process. *Please do not place forms in plastic sheets.*
  - The medical recheck is performed to ensure that all required signatures are present and review any changes in health status since the physical was obtained. It works best if your unit, especially large units present themselves in alphabetical order for this process, as they will be matched to the health forms in the binder referenced above.
  - Buddy tags will be issued at this time.

- **Dining Hall:**
  The troop will meet with the Dining Hall Steward who will instruct the group in proper dining hall procedures and provide guidance on special needs.

- **Swim Check:**
  - At the waterfront, the Aquatics Director will explain the rules surrounding the use of the swimming and boating areas.
  - The swim test will be taken at this time.
  - ***You may take your swim test prior to arriving at camp.*** *You must provide a roster showing the Scout's name, swim classification and the name address and signature of qualified Aquatics personnel (BSA Lifeguard, Red Cross Lifeguard, or a Red Cross Water Safety Instructor). For Buddy Tags, please contact the Scout Office at 540-662-2551 or by email at sacbsa@sac-bsa.org.*

- **Shooting Sports @ Bowman Lodge:**
  - The Range Officer will instruct you on basic safety rules and you will watch a safety video.

- **Trading Post:**
  - See what we have in stock and take advantage of opening day specials. Pick up your pre-orders and camp patches.

SUNDAY DINNER

Units should assemble for flag retreat in full Field uniform at the buttress by 5:45 p.m.

After Camp Opening Welcome, Unit Reports and Grace your unit will be directed into the dining hall.

CAMPWIDE CAPTURE THE FLAG

Beginning at 7:30pm, after Vespers, on the parade field a camp wide game of capture the flag or Ultimate Frisbee with the campers vs. staff will be held.

CAMPFIRE

Held on Sunday; units will assemble at the buttress at 7:45pm. Opening campfire is designed to give the opportunity for the Staff to say welcome to CRE. It will begin at 8:00pm. Field Uniform is not required.

SCOUTMASTER/SPL ORIENTATION

A Scoutmaster/SPL Orientation meeting will be held at Bowman Lodge immediately after the campfire program. This meeting will provide the adult and youth leadership with important information regarding your unit's stay at CRE for the week, introduce you to the Area Directors, and answer any questions you may have. You will be given a summary of the talking points upon check in. We ask that you review it prior to the meeting, so that we can focus on questions and collaborative opportunities rather than reading a list of rote information.

CHECK OUT PROCEEDURES

Friday Night before the Closing Campfire and Order of the Arrow Callout:

- Have Scouts pack their belongings except those needed for Friday night and Saturday morning.
- Pack all troop gear.
- Check your packet and mailboxes for all awards and merit badge cards. Identify if something is missing or incorrect; please see the appropriate Area Director at the scheduled leaders meeting.

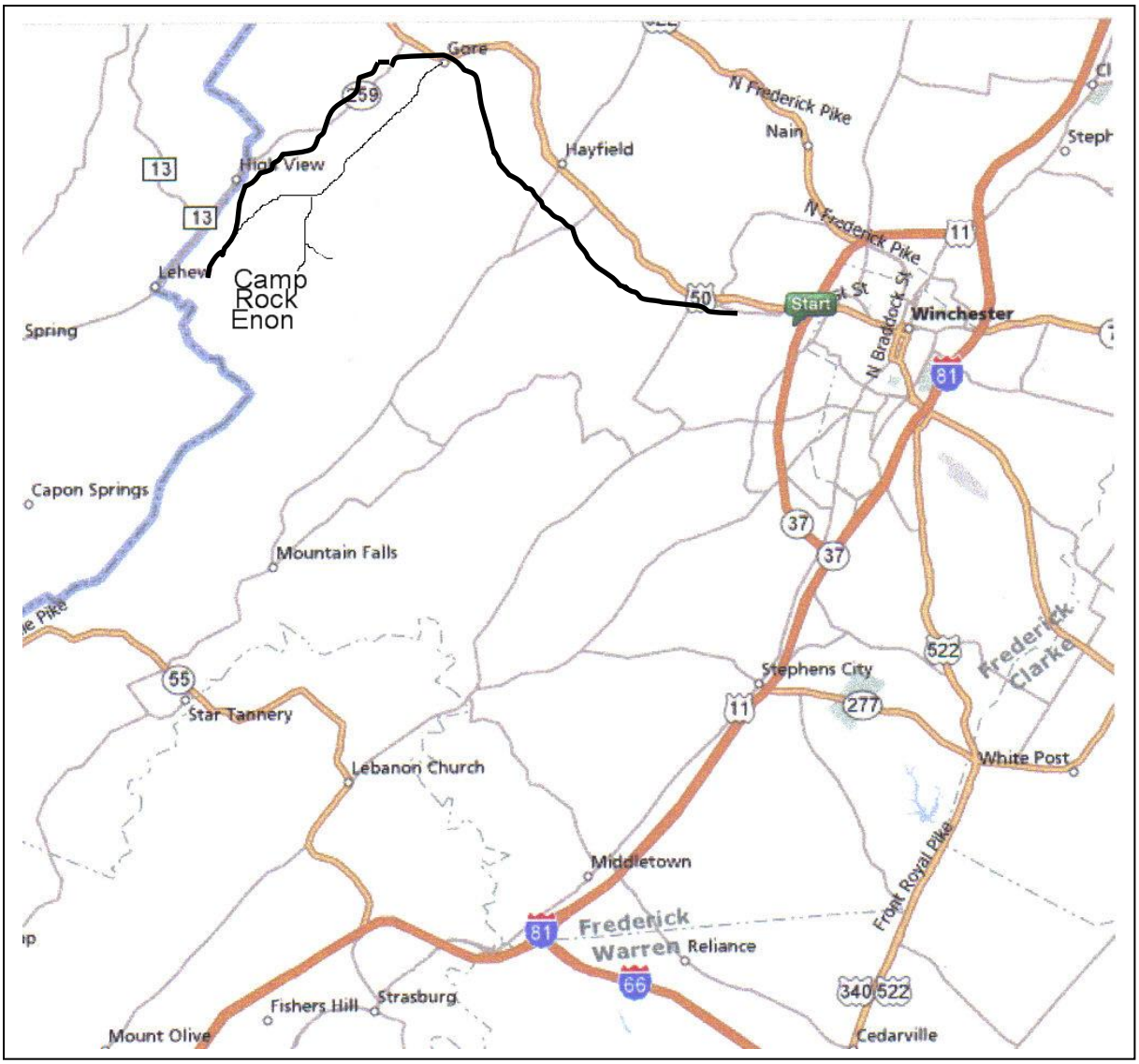
Saturday Morning:

- **Make your Troop reservation for next year!**
- Check your packet and mailbox for medical forms, camp patches, and advancements before leaving camp.
- Clean campsite for Commissioner Inspection, making sure all trash is collected, recyclables are placed in the proper container, and the shelter and latrine are clean.
- Close all tent flaps – do not tie them.
- Return all issued equipment to the Quartermaster
- Prepare evaluation form and turn in to Program Director.
- Make sure all Scouts and leaders are accounted for before leaving camp.

HAVE A SAFE TRIP HOME!

THANK YOU FOR GREAT SUMMER CAMP AT CRE!

DIRECTIONS TO CAMP ROCK ENON
From Winchester, VA

Driving directions to 292 Rock Enon Springs Rd, Gore, VA 22637
15.3 mi – about 28 minutes

- Follow US-50 for 10.0 miles
- Turn left at Gore Rd for 0.5 miles
- Turn left at Back Creek Rd/VA-718 Continue to follow Back Creek Rd for 4.5 mi
- Turn left at Rock Enon Springs Rd/VA-683 (Destination will be on the right) for 0.4 mi