

# ACTIVITY INFORMATION GUIDE

## *Scouts BSA, Adventure Weekend*

CAMP ROCK ENON,  
292 ROCK ENON SPRINGS RD.  
GORE, VA 22637  
SHENANDOAH AREA COUNCIL, BSA  
107 Youth Development Ct., Winchester, VA 22602  
Council Office: 540-662-2551 [www.sac-bsa.org](http://www.sac-bsa.org)  
Camp Rock Enon: 540-858-2551 [www.camprockenon.org](http://www.camprockenon.org)  
[www.facebook.com/BSACampRockEnon](https://www.facebook.com/BSACampRockEnon)

### **PLEASE NOTE:**

Register for this activity as a Unit.

<b>Activity Date:</b>	April 5-7, 2019		
<b>Registration Deadline:</b>	March 28, 2019		
<b>Fees:</b>	\$25/Scout, \$20/Leader	<b>Note:</b>	Optional Dining Hall Meal Service
<b>Early Bird Discount</b>	\$10/person		\$15/per person
<b>Early Bird Deadline</b>	March 14, 2019		(includes Saturday breakfast, lunch & dinner)

Register Online at: [www.sac-bsa.org/scoutadventure](http://www.sac-bsa.org/scoutadventure)

**MEDICAL:** Each participant (youth/adult) must have a copy of the Annual Health Form Parts A & B with them when they check in at camp. This can be downloaded at <http://www.scouting.org/scoutsources/HealthandSafety/ahmr.aspx>

### **General Schedule of Events**

<b>Friday</b>	4-7pm	Registration/Check-in Setup Campsite	Trading Post Porch
	7:30pm	Opening Flag Ceremony	Parade Field
<b>Saturday</b>	9:00-11am	Morning Activities	
	1:00-3pm	Afternoon Activities	
	3:00-5pm	Search & Rescue Exercise	
	7:30pm	Vespers	Chapel Hill
	8pm	Flag Retirement Program	Campfire Circle
<b>Sunday</b>	10:00am	Everyone must be check-out	

**PROGRAM INFORMATION:** *(Specific program activities are subject to change without prior notice)*

**For more information about the program's activities contact:**

Jeff Slater  
Phone: 540-303-2161  
Email: cptkatanga@comcast.net

This activity at Camp Rock Enon is designed to help the NEW Scout transition into their NEW Troop.

As a Troop you will:

- Camp in campsites, *bring your tents & gear*
- Cook in your campsite, *bring your food & equipment*

Optional:

- Dining Hall meal service, for an *additional fee of \$15 per person includes Saturday breakfast, lunch & dinner.*

**Saturday Schedule:**

8am	Breakfast	
8:45am	Flag Ceremony	Parade Field
9-11am	<u>For the new Scout:</u> Tenderfoot Requirements 2, 3, 4a, b, 5, 6, 7, 9, 10a, 11, 12a, b	
	<u>For the veteran Scout:</u> <ul style="list-style-type: none"><li>• Shooting Sports</li><li>• Climbing &amp; Rappelling</li><li>• Blacksmithing</li></ul>	
11am – 1pm	Lunch Prep, free time	
12noon	Lunch	
1-3pm	Search & Rescue merit badge Open Shooting Sports Open Climbing & Rappelling Open Blacksmithing	
3-5pm	Search & Rescue Exercise	
5-7pm	Dinner Prep, free time	
6pm	Dinner	
7:15pm	Flag Ceremony	Parade Field
7:30pm	Vespers	Chapel Hill
8pm	Flag Retirement Campfire	Campfire Circle

## REGISTRATION:

Questions concerning registration are to be directed to the Shenandoah Area Council Service Center attention [kari.judson@scouting.org](mailto:kari.judson@scouting.org) or 540-662-2551.

Reservations must be made online by the reservation deadline.

To receive the Early Bird Discount, registration must be completed and payment in full must be received by the Early Bird Deadline.

## PAYMENTS:

Payment should be made to the Shenandoah Area Council, BSA via credit card when you register online.

## REFUND POLICY:

The official refund policy of the council is: All individual refunds are to be requested in writing, and can be sent by mail, email, or fax. Refund requests made more than one week after an event will NOT be considered. When the request is received in relation to the start of the event, camp or activity there will be a determination as to the amount of the refund. Fees may be applied to another individual attending the same event, camp or activity if arranged prior to the event. Fees cannot be rolled-over to a future event or activity. A \$5 cancellation fee, per person, will be subtracted from ALL refunds to cover processing costs. This General Refund Policy applies to all camps, events and activities of the Shenandoah Area Council, BSA unless otherwise stated. Refunds requested due to medical reasons and other unforeseen circumstances will be reviewed on an individual basis and may require additional documentation. Refund policies for National and Regional BSA events may differ.

Pro-Rated Refund Schedule:

- 30 days or more Full Refund, less \$5 cancellation fee.
- 15-29 days 75% Refund, less \$5 cancellation fee.
- 8-14 days 50% Refund, less \$5 cancellation fee.
- 7 days 25% Refund, less \$5 cancellation fee.
- 6 days or less NO REFUND

## ARRIVING AT CAMP ROCK ENON

### CHECK-IN

Unit and/or participant check-in is available during the indicated time period. All units and/or participants MUST check-in at the designated registration area BEFORE proceeding into camp or to the campsites. Early arrivals are welcome to gather at the parking lot. Any arrivals after the designated registration time period will be processed, as staff is available.

### VEHICLES

***There is a STRICT policy of ONE vehicle per campsite at a time.***

One vehicle will be allowed to drive to the campsite (weather and road conditions permitting) and unload. There is a 20-minute time limit for vehicles being in camp. If you have a trailer you may leave it in the campsite – all vehicles must be returned to the parking lot.

### VISITORS:

All visitors must report to Camp Office before proceeding to the campsites or into program areas. Please make sure everyone signs in FIRST.

## **YOUTH PROTECTION:**

The following policies have been adopted to provide security for the youth in our programs. In addition, they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse. ALL ADULTS ATTENDING MUST HAVE CURRENT YOUTH PROTECTION TRAINING.

**Two-Deep Leadership:** Two registered adults or one registered adult leader and a parent of a participant who must be at least 21 years of age or older, are required on all trips and outings. No exceptions are allowed. At least two leaders must be with the unit 24 hours a day.

### **No One-to-One Contact: (With the exception of a parent and their son or daughter)**

One-to-one contact between adults and youth members is not permitted. In situations that require a personal conference, the meeting is to be conducted in view of other adults and youth.

**Respect of Privacy:** Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers at camp and intrude only to the extent that health and safety requires. Adults must also protect their own privacy in similar situations. When camping, no youth is permitted to sleep in the tent or cabin of an adult other than his own parent or guardian.

**Abuse:** Adult and unit leaders are not to use physical, mental, or verbal abuse on youth.

This includes any threatening manner toward any youth or other person. Camp Rock Enon Is a SAFE HAVEN for all who visit. **Any actions or suspected behavior of this type is to be reported immediately to the Camp Director. It is the policy of the Boy Scouts of America that any suspected abuse of any kind be reported to the appropriate authorities.**

**HAZARDOUS WEATHER:** Hazardous Weather Training needs to be taken by at least one leader in order to obtain a Tour Plan.

## **EMERGENCIES:**

Emergency procedures will be discussed during the opening ceremony at camp. These will vary according to the emergency and an information sheet will be provided to each unit upon check in, outlining the various emergency procedures. Please note: senior camp staff manages Emergencies and Incident Command and all off site communication should go through them. Emergency Procedures are also posted in each building and campsite for safety purposes.

**MEDICAL:** A current Annual Health and Medical Record, with Parts A and B, completed within the past 12 calendar months are required for all staff, leaders, and campers in attendance.

The form may be found at <http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>

The Camp Director reserves the right to restrict physical activity to any camper in consultation with the health officer.

**MEDICATIONS:** Upon check-in, alert the Camp Health Officer of any prescribed medicines for any members of the family. Prescription Medication must be stored securely or checked in to the Health Officer.

- The health lodge may provide over the counter medicine only with the approval of a parent or guardian.
- *All first aid treatment MUST be reported to the Medical Officer.*

## **IMMUNIZATIONS:**

The Commonwealth of Virginia Immunization Unit is asking that all camps in our state require adequate immunization for all attendees.

## **INSURANCE:**

Each (SAC) Scout attending camp is covered by secondary health and accident insurance. This insurance covers only illnesses or injuries contracted at Camp for the first \$150.00. Parents' insurance is responsible for any additional amount. Medical insurance information must be on the medical form for each Scout and Scouter and a copy of the front and back of the insurance card must be attached to the medical form. Parents should plan for treatment of pre-existing conditions. Insurance claims will be paid only to the doctor or hospital.

**MEAL SERVICE: For Units not providing their own food and cooking in their campsite.**

We ask that two Table Orderlies for each table stay after meal service to clean up the table and assist in cleaning the Dining Hall. Meals are served in the Dining Hall (8am breakfast, 12noon lunch, 6pm dinner). Do not arrive late for meal service as we typically are done serving food within 10-15 minutes and will NOT hold food unless arrangements have been made in advance. Each meal service will consist of a main entree the Scouts will pick up in the serving line when they enter the Dining Hall. Various other supplemental food stations are available at each meal service. The kitchen staff is also able to provide a gluten free, pork free or vegetarian meal option with advance notice. Copies of our typical standard menu are available at [www.sac-bsa.org/crefoodservice](http://www.sac-bsa.org/crefoodservice)

**A WORD ABOUT FOOD ALLERGIES:**

Our kitchen and dining hall staff will do what it takes to take good care of your Scout. If your Scout has food allergies, we ask that you fill out the form at [www.sac-bsa.org/crefoodservice](http://www.sac-bsa.org/crefoodservice) which is passed directly on to our Food Service Manager and kitchen staff. Because there are some common food allergies (i.e. peanuts, tree nuts) we already plan our standard menu to minimize potential exposure and provide substitutes when necessary. In the event of severe food allergy or complex dietary needs, you may be required to send your Scout to camp with their own food. Storage space (dry, refrigerator and/or freezer) will be provided to keep food items safe.

**TOBACCO:** Camp Rock Enon strives to be a tobacco free environment. Adult leaders (and guests) are asked to use discretion in using tobacco. This includes the use of electronic cigarettes, personal vaporizers or electronic nicotine delivery systems which simulates tobacco smoking. Do not smoke in campsites. Smoking is prohibited in all buildings and tents.

The designated tobacco use area is the shelter located to the left of Akela Lodge across from the parking area. Please dispose of all butts properly.

**FIREARMS:** Firearms, ammunition and archery equipment are available for use on the rifle or archery range. No personal firearms or archery equipment will be permitted in camp. No exceptions!

**FIRES:** No open flames are permitted in any tent. This includes all candles including citronella, and chemical fueled lanterns and stoves.

**FUELS:** For safety reasons, knowledgeable adult supervision must be provided when Scouts are involved in the handling of chemical fuels. All liquid fuel is to be kept in the fuel box located at the Quartermaster shed. Camp Rock Enon follows the National liquid fuel policy. This includes no storage in trailers.

**LITTER:** Do not litter, and please do your good turn by helping pick up someone else's mess. Let's all work to keep camp clean. The Camp's appearance depends on you.

**PHONE:** A telephone is available in the Camp Office for adult leaders only. The number is (540) 858-2551.

**TRADING POST:** The Trading Post stocks a variety of items such as camp memorabilia (patches, mugs, T-shirts, etc.), program supplies, and concession items.

**UNIFORMS:** The Scout uniform if owned, should be wore at flag retreat, dinner and campfires.

**VESPERS:** Vespers is a short non-denominational service held at the Camp Chapel

**CHECKOUT:** A Scout is CLEAN, you are expected to leave your campsite in better condition than you found it. All trash should be placed in the trash bags provided and taken to the side of the Dining Hall for disposal.

## RULES WE LIVE BY AT CAMP ROCK ENON:

The following rules are to be followed at Camp Rock Enon:

1. Anyone leaving camp must sign out and back in at the camp office. Failure to do so may cause a camp wide emergency.
2. Vehicles in camp require a pass, please see the Camp Director
  - ***You MUST walk to Buffalo Lodge or Registration area to ask permission BEFORE driving into camp.***
3. Vandalism of any sort will not be tolerated; responsible individuals and/or units will pay for any and all damages including staff time to make repairs.
4. Discipline is to be handled by unit leaders as needed. If assistance is needed, please see the Camp Director.
5. There will always be enough leadership with the Scouts while they are in groups, going to classes or programs.
6. A Scout should always have their buddy (Buddy System) with them.
7. Please stay off the spillway, the area next to the road outside the front gate, and the hill coming down from Chapel Hill.
8. Please do not pick up wildlife or throw items at them.
9. FOOTWEAR POLICY (RULES) FOR CAMP ROCK ENON  
All campers, scouters, staff and visitors are always required to wear closed toe shoes while on camp property except for while you are in the shower. Shower shoes or flip-flop style shoes can be worn while in the showers not to and from. We define closed toe shoes as any shoe where the toes are covered.
10. Hammock – style tents  
Do not attach or hang hammock-style tents to any building, shelter or structure in the campsite or in camp.  
Do not hang hammock-style tent more than shoulder height above the ground.  
Do not “stack” hammock-style tents above one another.
11. SAFETY: The following are prohibited at Camp Rock Enon:
  - Guns of any type
  - Sheath Knives
  - Slingshots
  - Fireworks in any form
  - Alcoholic beverages
  - All illegal drugs
  - Rock or stick throwing
  - Profanity in camp
  - Gambling

## WHAT TO BRING TO CAMP

### THE UNIT:

- Unit Spirit
- American Flag
- Unit Flag
- Den Flag
- First Aid Kit
- Lanterns
- Rope
- Tents
- Ice Cooler
- Beverage Cooler



### THE SCOUT:

- Scout Spirit
- "Class A" Uniform(s)
- Field Uniform
- Scout T-shirts
- Shorts
- Hiking Boots or Shoes
- Extra Shoes
- Shower Shoes
- Underwear
- Socks
- Extra Socks
- Extra Clothing
- Sweater/Jacket
- Poncho (rainwear)
- Hat
- Toiletries
- Sunscreen & Insect Repellant
- Notebook/Pencils
- Scout Handbook
- Canteen/Water bottle
- Sleeping Bag / Padding
- Light Blanket or Sheet
- Pillow
- Flashlight/Batteries

### Optional Items:

- Pocket Knife
- Compass
- Fishing Gear
- Camera
- Scriptures or Bible
- Pack & Frame

**DIRECTIONS TO CAMP ROCK ENON**  
**From Winchester, VA**  
**“Just 5 miles off the 4-lane road!”**

**Driving directions to 292 Rock Enon Springs Rd, Gore, VA 22637**  
**15.3 mi – about 28 minutes**

- Follow US-50 for 10.0 miles
- Turn left at Gore Rd for 0.5 miles
- Turn left at Back Creek Rd/VA-718 Continue to follow Back Creek Rd for 4.5 mi
- Turn left at Rock Enon Springs Rd/VA-683 (Destination will be on the right) for 0.4 mi





